Today is the day for parents, carers, grandparents and other to talk to children and young people about how they are connecting with others online and if they know how to stay safe.

## What is a good starting point?

We've heard from over 12,000 secondary aged children across the UK what they believe their online rights and responsibilities are. These have informed the **conversation starters** below.

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#### **Rights and Responsibilities Charter**

- 1 I should feel safe online
- 2. I should not be bullied on the internet, and should not bully others
- 3. I should be able to access films, music and TV online, but it is my responsibility to respect copyright law
- 4. I should support my friends if they need help
- 5. I shouldn't have to see unpleasant or hurtful content and I should know what to do if I come across it
- 6. There should be lots of websites that are interesting for people my age
- 7. I should be able to manage who can see the content I post online
- 8. The websites I use should have an easy and effective way of reporting
- 9. I should know what I can and can't do online and understand that there are legal and offline consequences
- 10. I should be educated about staying safe online

This charter has been taken from the UK Safer Internet Centre 'Have Your Say Survey' results. This survey had a sample size of 24,097 young people aged 7-19 from across the UK. See the results here: <a href="https://www.saferinternet.org.uk/survey.">www.saferinternet.org.uk/survey.</a>

### **Conversation starter ideas**

- 1. Ask children to tell you about what sites they visit and what they enjoy doing online.
- 2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share online?
- 3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
- 4. Ask them for help, whether they can show you how to do something better online or they have a friend who they think might benefit from some help?
- 5. Think about how you as a family connect with respect! What could you do to get more out of the internet?

## Some activities you could undertake together:

Take the Internet Safety IQ Test and find out your score. Who's got the most to learn in your family or are you all safety savvy? www.saferinternet.org.uk/safer-internet-day/2013/quiz

Check out the Childnet Family Agreement and think about what your 'rules' are for using the internet, mobile phones, games consoles and other devices like the iPod Touch or iPad: <a href="www.digizen.org/digicentral/family-agreement.aspx">www.digizen.org/digicentral/family-agreement.aspx</a>

Use the helping hand activity to think about who you would go to for help online, or who you could offer help to: <a href="https://www.saferinternet.org.uk/downloads/resources/SID2012/primary/5">www.saferinternet.org.uk/downloads/resources/SID2012/primary/5</a> Quick Classroom Activities.pdf

Are you an accidental outlaw? Test your knowledge of online behaviour and the law at: <a href="mailto:accidentaloutlaw.knowthenet.org.uk/">accidentaloutlaw.knowthenet.org.uk/</a>



