

Kings' Catering

"Outstanding food for an outstanding school"

As Kings' Catering is operated wholly by Kings' School itself, our primary focus is the wellbeing of the pupils. It is our aim to provide nutritious, well-balanced, high quality meals at both breakfast and lunchtime.

In order to keep our food appropriate and pupil-centred, we have formed a Menu Steering Committee which is made up of representatives from each year group and also receives input from the School Council.

We hold a 5 star rating from Environmental Health for our Food Safety and Hygiene Management System. All kitchen and serving staff hold food hygiene certificates and are fully trained on all our processes, including allergens awareness.

Many studies have acknowledged the importance of proper and adequate nutrition in achieving academic success. Currently, (7/19) a cooked meal is £2.10 and our popular meal deal is only £2.30 and we provide a variety of dining options over four different outlets within the school. To give your child a freshly prepared meal and the best possible choice at lunchtime, please opt for school meals by Kings' Catering.

On the school website and information board in the main hall shows our current menu along with forthcoming themed events and other relevant matters - please feel free to have a look! If you have any questions or require any further information, please contact the Catering Manager, Ian Wooldridge at the school on ext. 144 or email i.wooldridge@kings-winchester.hants.sch.uk



Kings' Catering Extra



God Bless America!



In the year of President Donald Trump's state visit to the UK, the Kings Catering team held a special American Independence Day celebration. The pupils and staff enjoyed our own *Kings' Fantastic Chicken* followed by Florida Key Lime Pie all served by our Trump lookalike team! The event wouldn't be complete without Mom's Blueberry muffins, 'Hot Dog' Pizzas on the Express Counter and Southern-style Chicken Wraps in the Kings' Cabin. These theme days are held throughout the year, every term, so please keep informed with your Kings' Catering Extra newsletter on display in the main hall and on the school website!

Autumn Term 2019



Have your say

The Menu Steering Committee, which is made up of staff and pupil representatives of each year group, meets each term to discuss 'food topics and ideas'.
* New Year 7's – please contact your Head of Year to get involved *

Eco News - Autumn Term 2019...

The new take-away container on the salad bar is made from PLA (Polylactic Acid). PLA is different to most plastics because it is a "bioplastic". It is derived from renewable resources like corn starch or sugar cane. PLA products left in the environment would naturally degrade within six to 24 months, unlike regular plastic which could take up to 1000 years!



Autumn Term 2019 - Important Dates

7th to 11th OCTOBER 2019
National Curry Week – A Menu Second to Naan
Thursday, 31st OCTOBER 2019
Spooky Halloween Menu
Tuesday, 5th NOVEMBER 2019
Guy Fawkes Menu
2nd to 13th DECEMBER 2019
Festive Food Fortnight
17th to 19th DECEMBER 2019
Christmas Lunches

Vegan Menu

The daily vegan options are now signposted on the new vegan menu displayed on the catering notice board and on the school website. At Kings' Catering, vegan and vegetarian choices are available throughout the whole week (not just for Mondays!)

Kings' Coupon
Free!
Piece of fruit with any plated meal
Valid **Autumn 2019**

Kings' Catering - Autumn Term 2019

	Week One		Week Two	
	Option 1	Option 2	Option 1	Option 2
Monday	Cottage Pie with New Potatoes & Vegetables	✓ American-style Mac 'n' Cheese	Pork Sausages with Mashed Potatoes & Veg	✓ Veggie Spaghetti Bolognese
Tuesday	Chicken & Ham Pasta Bake with Garlic Bread	✓ Greek-style Stuffed Pepper with Feta	Beef Lasagne with Garlic Bread	✓ Roasted Butternut Squash & Sage Risotto
Wednesday	Breaded Cod & Chips with Peas/Beans	✓ Vegetarian (Vegan) Sausages	Breaded Cod & Chips with Peas/Beans	✓ Vegetarian (Vegan) Sausages
Thursday	Kings' Carvery Roast Potatoes, Yorkshire & Veg	✓ Triple Cheese Quiche	Kings' Carvery Roast Potatoes, Yorkshire & Veg	✓ Spanish Omelette with Mixed Peppers
Friday	Chicken Balti Curry Rice & Naan	✓ Sweet Potato & Chickpea Balti Rice & ✓ Naan	Chicken Korma Curry Rice & Naan	✓ Quorn & Vegetable Korma Rice & Naan

- Salad and Vegetables available every day
- Additional Omega-3 Fish Dish Every 2 Weeks
- Sandwiches, Subs, Bagels, Hot & Cold Wraps, Noodle/Pasta Pots, Paninis, Pizza, Jacket Potatoes
- A selection of Cakes, Desserts, Fresh Fruit, Yoghurt
- A variety of School-compliant Drinks