

Kings' Catering - Autumn Term 2021

	<i>Week One</i>		<i>Week Two</i>	
	<i>Option 1</i>	<i>Option 2</i>	<i>Option 1</i>	<i>Option 2</i>
<i>Monday</i>	Cottage Pie with New Potatoes & Vegetables	▼ American-style Mac 'n' Cheese	Pork Sausages with Mashed Potatoes & Veg	ⓧ Veggie Spaghetti Bolognese
<i>Tuesday</i>	Chicken & Ham Pasta Bake with Garlic Bread	▼ Greek-style Stuffed Pepper with Feta	Beef Lasagne with Garlic Bread	ⓧ Five-spiced Vegetable Stir-fry with Wholemeal Rice
<i>Wednesday</i>	Breaded Cod & Chips with Peas/Beans	ⓧ Vegetarian (Vegan) Sausages	Breaded Cod & Chips with Peas/Beans	ⓧ Vegetarian (Vegan) Sausages
<i>Thursday</i>	<i>Kings' Carvery</i> Roast Potatoes, Yorkshire & Veg	▼ Triple Cheese Quiche	<i>Kings' Carvery</i> Roast Potatoes, Yorkshire & Veg	▼ Frittata with Mixed Peppers (Italian-style Omelette)
<i>Friday</i>	Chicken Korma Curry Rice & Naan	ⓧ Sweet Potato, Chickpea & Coconut Curry. Rice & ▼ Naan	Chicken Tikka Masala Curry Rice & Naan	ⓧ Lentil & Spinach Dahl Rice & ▼ Naan

- Salad and Vegetables available every day
- Additional Omega-3 Fish Dish Every 2 Weeks
- Sandwiches, Subs, Bagels, Hot & Cold Wraps, Noodle/Pasta Pots, Paninis, Pizza, Jacket Potatoes
- A selection of Cakes, Desserts, Fresh Fruit, Yoghurt
 - A variety of School-compliant Drinks
- Theme Day Specials throughout the Term